

Community Health Management and Empowerment to Promote Healthy Communities

Programme	Annual International Training Courses Thai International Cooperation Programme
Course Title	Community Health Management and Empowerment to Promote Healthy Communities
Duration	3 weeks (September, 2015) 3 weeks (September, 2016) } to be confirmed
Closing Date for Application	June 15, 2015 and June 15, 2016
Number of Participants	18-20
Eligible Countries	Asia: Afghanistan, Bangladesh, Georgia, Indonesia, Iran, Jordan, Kyrgyzstan, Malaysia, Maldives, Nepal, Oman, Pakistan, Palestine, Philippines, Sri Lanka, Tajikistan, Timor-Leste, Uzbekistan, Yemen, and Thailand Africa: Angola, Benin, Botswana, Burkina Faso, Burundi, Cameroon, Congo, Djibouti, Egypt, Eritrea, Ethiopia, Gabon, Ghana, Guinea, Lesotho, Libya, Malawi, Mali, Mauritania, Mauritius, Morocco, Namibia, Rwanda, South Sudan, Sudan, Swaziland, Tunisia, Zambia, Zimbabwe Pacific: Cook Island, Fiji, Marshalls Island, Nauru, Palau, Papua New Guinea, Vanuatu, Solomon Island, Tonga, Tuvalu Member Countries; FEALAC, OAS and CARICOM

Objectives

The course aim to:

- Comprehend principles and concepts related to the health care system.
- Understand principles and strategies of community health development.
- Identify principles and processes for community empowerment focused on strengthening community action and health innovation.
- Analyze the process of community health management in real world settings.
- Understand essential skills for community health management including critical thinking, collaboration, cross-cultural understanding, communication, problem solving, leadership, and team work.
- Identify roles of local community organizations, NGOs, community leaders, health volunteers, and groups, in working together to promote healthy communities.
- Share knowledge and experiences in community empowerment and community health development.
- Initiate community development networks among participants.

Qualifications

Applicant for this course should:

- Under 45 years old
- Working as a health personnel for at least 2 years
- Able to participate in the training course for the full time
- In good health both physically and mentally
- Sufficient command of spoken and written English
- Computer literacy
- Be nominated by their government

Course Contents

1. Lectures and discussion

- Health care system
- Characteristics of an effective health care delivery system: availability, accessibility, acceptability, affordability, and appropriate, considering both technology and cross-cultural issues
- Community health development: concepts, principles, and strategies
- Community empowerment: significance, concepts, principles, and process
- Community health management:
 - 1) Process: assessment, planning, intervention, and evaluation

- 2) Essential skills: critical thinking, collaboration, cross-cultural understanding, communication, problem solving, leadership, and team work
- 3) Community health promotion: concept, strategies, and indicators Community practice
 - Community health assessment and problem identification
 - Community health strategic planning based on community problems (includes plan for community health intervention, health innovation development, and indicators for the success of the program)

2. Field studies

- Sarapee Community Hospital, Chiang Mai Province
- Ta-kwang Health Promotion Hospital, Chiang Mai Province
- Alternative Medical Center, Sarapee Sub-district, Chiang Mai Province
- Donkaew Learning Community, Chiang Mai Province
- Mae-Ta Learning Community, Chiang Mai Province
- Learning Center of Community Rehabilitation, Wat Hoi Keing, Sansai District, Chiang Mai Province

3. Advance assignments

Country report: participants prepare a report about their country which includes the following information:

- National demographic data and health problems
- National health care system
- National health policy and strategies for achieving national goals

Institution

The course will be conducted by:
 Faculty of Nursing, Chiang Mai University,
 Chiang Mai 50200 Thailand
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